

# chiaro

TRATTORIA & GRILL

FABULOUS FOOD FOR FRIENDS & FAMILY  
AT FRIENDLY PRICES

# BREAKFAST

SERVED BETWEEN 9AM - 12 NOON

## BAKERY

Smoked salmon on a toasted whole meal slice of bread  
with lemon cream cheese, marinated baby rocket leaves  
and slices of tomatoes

€6.50

Toasted ham and cheese sandwich  
with a choice of white or brown sliced bread

€4.75

Toasted Maltese loaf with grilled bacon,  
fried egg and slices of tomatoes

€5.50

Toasted brioche bun with fried egg, avocado, fried mushrooms  
topped with cream chèvre cheese

€5.50

Toasted sourdough with poached egg, guacamole, slices of tomatoes,  
crumbled chèvre cheese and toasted pumpkin seeds

€6.50

# BREAKFAST

SERVED BETWEEN 9AM - 12 NOON

## CHICKEN CAESAR WRAP

Boiled egg, grilled bacon, lettuce, shavings of Parmesan cheese and Caesar dressing  
€6.50

## CHICKEN CLUB SANDWICH TOWER

Grilled chicken breast with crispy bacon, fried egg, lettuce,  
slices of tomatoes and aged smoked cheddar  
€6.75

## HOT

### FULL ENGLISH BREAKFAST

Two fried eggs, grilled smoked bacon, grilled Cumberland sausages, baked beans,  
rosti potatoes and grilled tomato. Served with toasted white or brown bread  
€8.00

### EGG FLORENTINE

Poached eggs with buttered baby spinach, Hollandaise sauce on a toasted Brioche  
€6.50

### EGGS BENEDICT

Poached eggs with grilled bacon, slices of tomatoes and Hollandaise sauce  
on a toasted Brioche  
€7.00

### EGGS ROYAL

Poached eggs with smoked salmon, slices of tomatoes, baby spinach and  
Hollandaise sauce on a toasted Brioche  
€8.50

### CHEESE OMELETTE

Accompanied by grilled Cumberland sausages with plum tomato, rosti potatoes and  
buttered button mushrooms. Served with toasted white or brown sliced bread  
€8.50

### SELECTION OF PASTRIES FROM OUR COUNTER

€4.00

### WARM CROISSANTS WITH CHOCOLATE, PISTACHIO, CRÈME PATISSERIE

€3.00

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Kindly inform one of our servers, if you have any food allergies or special dietary needs.

# STARTERS & SHARING OPTIONS

## BRUSCHETTA

- ✧ Toasted Maltese loaf with tomato and black olive salsa **€4.00**
- ✧ Toasted Maltese loaf with mozzarella, finished with a drizzle of basil oil **€4.50**
- ✧ Toasted Maltese loaf with melted cheese and slices of Parma ham, topped with Parmesan cheese shavings **€5.00**
- ✧ Toasted Maltese loaf topped with shrimps in a maryrose sauce **€5.00**

## NACHOS

Crispy nachos with melted cheddar cheese, jalapeño, guacamole and tomato basil salsa

**€6.75**

## FRIED BBQ CHICKEN WINGS

Marinated with sticky BBQ sauce

**€6.90**

## CHICKEN FILLET DIPPERS

Fried breaded chicken fillets with a spicy hummus dip, coleslaw salad

**€8.50**

## DUO PICCOLINI BURGERS

Mini beef burger with smoked cheese, onion marmalade and crispy onions served in a brioche bun.

Mini beef burger with grilled bacon and mushroom ragout served in a brioche bun

**€10.50**

## FOCACCIA RUSTICA

Stone baked focaccia with rock salt, black olives, roasted garlic, rosemary, cherry tomatoes and baby rocket leaves, topped with Parmesan cheese shavings  
*add Parma ham €2.50*

**€8.50**

## TRIO OF MINI ARANCINI

Arancini with beef ragout, onion marmalade and basil tomato sauce

**€6.90**

## CALAMARI FRITTI

Fried calamari with home-made tartar sauce and lemon dressing

**€14.00**

## CHIARO SAVOURY BITES PLATTER

Warm stone baked focaccia, hummus dip, fried onion rings, chicken spring rolls, chicken dippers, sweet chilli sauce, tomato and black olive bruschetta, and cheese bites

**€25.00**

## SOUP

### FRESH SOUP OF THE DAY

Served with toasted croutons

€5.50

## SALADS

### CAESAR CHICKEN SALAD

Grilled chicken fillets, cherry tomatoes, salad leaves, Parmesan shavings, toasted croutons, crispy smoked bacon and a Caesar dressing

€11.50

### SMOKED SALMON NICOISE

Cherry tomatoes, cucumber, black olives, onion rings, bell pepper strips, boiled egg, anchovy fillets, baby rocket leaves, iceberg lettuce and a basil lemon dressing

€12.50

### THAI BEEF SALAD

Marinated pulled Angus beef with basmati rice, cherry tomato, cucumber, spring onions, avocado, carrots, baby spinach and an Asian dressing

€15.00

### PARMA HAM SALAD

Marinated baby rocket leaves, cherry tomato, Parmesan cheese shavings, roasted almonds, crumbs of feta cheese and garden herb dressing

€15.00

## RISOTTO

### RISOTTO POLLO

Chicken fillets with fried bacon, onion, cherry tomatoes, garlic and shavings of Parmesan cheese

€11.50

### RISOTTO FUNGHI

Local mushrooms with onions, Parmesan cheese, truffle paste and vegetable stock

€11.50

### RISOTTO SEAFOOD

Mussels, prawns, calamari, cherry tomatoes, onions, garlic and prawn bisque

€12.50

# PASTA

<b>OVEN BAKED LASAGNA</b> Fresh lasagna sheets with meat bolognaise sauce, Pecorino cream sauce and grated Parmesan cheese	<b>€13.50</b>
<b>SPAGHETTI CARBONARA</b> Crispy guanciale, egg yolk, crushed black pepper and Parmesan cheese	<b>€11.50</b>
<b>PENNE NAPOLI</b> Strips of chicken breast with local mushrooms, chorizo and Parmesan cream sauce	<b>€11.50</b>
<b>TORTELLINI RICOTTA ALFREDO</b> Fried pancetta with mushrooms and Parmesan cheese cream sauce	<b>€11.25</b>
<b>MAC &amp; CHEESE</b> Medley of cheese sauce with crispy smoked bacon, gratinated with Pecorino cheese	<b>€10.50</b>
<b>LOBSTER RAVIOLI</b> Prawns with cherry tomatoes, baby spinach and a prawn bisque	<b>€16.50</b>
<b>PENNE SALMONE</b> Smoked salmon with cherry tomatoes, onions, mint, baby rocket leaves and salsa rosa	<b>€12.50</b>
<b>SPAGHETTI MARINARA</b> Mussels, prawns, calamari, cherry tomatoes, onions and a basil garlic tomato sauce	<b>€13.50</b>
<b>SPAGHETTI PUTTANESCA VEGANI</b> Tomato, black olives, crushed garlic, olive oil, artichokes, fresh basil	<b>€11.00</b>
<b>SPAGHETTI BURRATA</b> Rich basil tomato sauce with Burrata and roasted pistachio nuts	<b>€11.50</b>
<b>PACCHERI GENOVESE</b> Pulled beef with cherry tomatoes, beef jus, a touch of fresh cream and shavings of Parmesan cheese	<b>€14.50</b>

# PIZZA

<b>MARGHERITA</b> Tomato sauce, fior di latte and basil oil	€9.75
<b>AL TONNO</b> Tomato sauce, mozzarella, tuna, anchovies, onion rings and Kalamata olives	€10.90
<b>CAPRI</b> Tomato sauce, mozzarella, artichokes, Kalamata olives, boiled egg, local mushrooms and smoked ham	€11.90
<b>LA MALTIJA</b> Tomato sauce, mozzarella, local Maltese sausage, roasted potatoes, Maltese gbejna, Kalamata olives, strips of peppers and basil	€11.90
<b>PEPPERONI</b> Tomato sauce, mozzarella, pepperoni and basil oil	€11.50
<b>PORKY</b> Tomato sauce, fior di latte, pulled pork, pancetta, boiled egg, onion rings and basil leaves	€11.50
<b>PIZZA BLU</b> Tomato sauce, mozzarella, blue cheese, ham, cherry tomatoes, onions, walnuts and basil	€10.90
<b>ALLA CARBONARA</b> Mozzarella, Parmesan, pancetta, egg, cracked black pepper and basil leaves	€10.90
<b>LA BUFALA</b> Mozzarella, wafer thin Parma ham, cherry tomatoes, buffalo mozzarella, grilled artichoke and roasted pistachio nuts	€13.50
<b>PIZZA MARINARA</b> Mozzarella, tomato sauce, shrimps, mussels, tuna, prawn, black olives, onions and fresh herbs	€13.50
<b>CHICKEN BBQ</b> Mozzarella, tomato sauce, strips of chicken fillets, sweet corn, onion and BBQ sauce	€12.50
<b>PIZZA PARMA</b> Mozzarella, tomato sauce, Parma ham, baby rocket leaves and shavings of Parmesan cheese	€13.00

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# BURGERS

## CHIARO GOLDEN BEEF BURGER

€13.50

Black Angus beef burger with grilled smoked bacon, salad leaves, plum tomato and onion rings, in a toasted brioche bun covered with melted cheddar cheese

## B.B.Q. ANGUS BEEF BURGER

€12.90

Black Angus beef burger, red onion marmalade, smoked applewood cheddar cheese, iceberg lettuce and plum tomato in a toasted brioche bun

## JUMBO BBQ ANGUS BEEF BURGER

€14.00

Black Angus beef burger, grilled Cumberland sausages, grilled Halloumi, grilled smoked bacon, fried egg, onion marmalade, iceberg lettuce, plum tomato and burger sauce in a toasted brioche bun

## AMERICAN BURGER

€15.50

Double Angus beef burger caramelized onions, grilled bacon, coleslaw salad, apple wood cheddar cheese, lettuce, slices of tomato and burger mayo served in a toasted brioche bun

## JOE'S SMASH BURGER

€14.00

Grilled duo of smashed beef burgers with fried egg, grilled smoked bacon, Mexican cheddar cheese, lettuce, gherkins, tomatoes and BBQ sauce in a toasted brioche bun

## CHICKEN BURGER

€13.00

Crispy breaded chicken fillet, grilled bacon, melted goat cheese, iceberg lettuce, plum tomato and coleslaw salad, in a toasted brioche bun

## MEXICAN BURGER

€15.00

Grilled Angus beef burger with melted Mexican cheese, Chorizo, guacamole, slices of tomato, coleslaw salad and BBQ sauce, served in a toasted brioche bun

**ALL BURGERS ARE SERVED WITH HOUSE POTATO FRIES**

### ADD EXTRA ITEM

Grilled crispy bacon: €1.75

Fried egg: €1.50

Extra beef burger: €4.00

Truffle Parmesan fries: €4.00

Chive mash potatoes: €4.00

Smoked cheddar cheese: €1.75

Grilled Cumberland sausages: €1.75

Fried sweet potato fries: €4.00

Fried spicy potato wedges: €4.00

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# MAINS

<b>ROASTED HALF CHICKEN</b> Served on roasted local vegetables, potato fries and chicken gravy	<b>€17.00</b>
<b>PAN FRIED FILLET OF SALMON</b> Set on a prawn risotto with prawn bisque and grilled garden vegetables	<b>€19.00</b>
<b>FISH &amp; CHIPS</b> Fried beer battered fillet of fish, mushy peas, tartar sauce and potato fries	<b>€14.50</b>
<b>FULL RACK OF PORK RIBS</b> Marinated with Jack Daniels BBQ sauce and accompanied by a coleslaw salad and potato fries	<b>€23.00</b>
<b>GRILLED ANGUS RIB EYE OF BEEF 300G</b> Roasted vegetables, battered onion rings, potato fries and beef jus	<b>€27.90</b>
<b>BRAISED LAMB SHANK</b> Slow cooked braised lamb shank on a ragout of vegetables with chickpea, mash potato, grilled garden vegetables and thyme lamb jus	<b>€18.50</b>
<b>CHICKEN MILANESE</b> Fried breaded chicken breast with smoked bacon, gratinated with smoked cheddar cheese and served with grilled garden vegetables and potato fries	<b>€18.50</b>
<b>GRILLED MARINATED CHICKEN BREAST</b> Grilled garden vegetables, potato fries and truffle mushroom sauce	<b>€18.50</b>
<b>BEEF TAGLIATA FOR 2 PERSONS - 1 KG</b> Served with marinated baby rocket leaves, shavings of Parmesan cheese, cherry tomatoes, roasted potato and beef jus	<b>€45.00</b>
<b>MIX GRILL OF MEAT</b> Chargrill of beef, chicken breast, marinated pork ribs, Maltese sausages, battered onion rings, roasted garden vegetables and potato fries	<b>€27.00</b>
<b>OCTOPUS PROVENCAL</b> Fresh local octopus stew with carrots, diced potato, black olives, white wine, sauce Provençal, mash potato and roasted vegetables	<b>€24.50</b>

#### ADD EXTRA SAUCE

Mushroom sauce / Pepper sauce / BBQ sauce / Beef jus: €1.75

#### EXTRA SIDES

House potato fries / Roasted new potatoes: €3.50  
Truffle Parmesan fries / Roasted Seasonal Vegetables / Sweet Potato Fries /  
Onion Rings / Chive mash potatoes: €4.00

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# BEVERAGES

## HOT BEVERAGES

American Coffee	€1.95
Cappuccino	€2.50
Espresso	€1.75
Espresso Macchiato	€2.00
Hot Chocolate	€2.75
Caffe Latte	€2.50
Caffe Mocha	€2.75
Ice Latte	€2.50
Irish Coffee	€3.50
Tea - Choice of flavours	€2.25

## COLD BEVERAGES

Mineral Water	
Small bottle	€2.00
Large bottle	€3.25
Fresh orange juice	€3.50
Peach juice	€2.50
Pineapple juice	€2.50
Apple juice	€2.50
Coca Cola	€2.50
Coca Cola Zero	€2.50
Fanta	€2.50
Sprite	€2.50
Kinnie	€2.50
Kinnie Diet	€2.50
Ice Tea	€2.50

## BEERS

	<i>Half Pint</i>	<i>Pint</i>
Cisk Lager	€2.75	€4.00
Cisk Excel	€3.00	€4.50
Blue Label	€3.00	€4.50
Hopleaf	€3.00	€4.50
Shandy	€2.50	€4.00
Heineken Beer	€2.75	
Cider		€4.50

## SPIRITS

JB	€3.25
Jameson	€3.25
Johnny Walker Red	€3.25
Johnny Walker Black	€4.75
Glenmorangie	€5.25
Chivas	€3.20
Martini Rosso / Bianco	€2.50
Vodka	€2.80
Vodka Belvedere	€3.25
Vodka Grey Goose	€3.25
Gordons Gin	€2.75
Hendricks Gin	€3.25
Captain Morgan	€3.75
Cognac	€2.70

## LIQUEURS

Averna	€3.25
Jägermeister	€3.25
Amaro del Capo	€3.25
Amaro Montenegro	€3.25
Limoncello	€2.75
Baileys	€2.75
Cointreau	€2.75
Frangelico	€2.75
Grappa	€2.75
Sambuca	€2.75
Prosecco	€4.50

# FOR THE HEALTH BUFFS

## BOOSTER CHARGE SMOOTHIES & SHAKE

**€4.95**

Coconut / Kinder / Vanilla / Chocolate / Lemon Cheese /  
Strawberry / Passionfruit / Mango / Pistachio / Banana / Ferrero Rocher / Snickers

Ask bartender for your choice of flavour

# WINES

## MALTA

### WHITE

#### MEDINA - CHARDONNAY

€18.00

This unoaked light and crisp dry wine allures with subtle flowery scents and refreshing flavours of green apple, characteristic of Girgentina's delicateness.

#### CARAVAGGIO - CHENIN BLANC

€19.00

A dry, medium bodied white wine. Stone fruit flavours of peaches, apricots and pears that may develop some savoury buttery notes in time.

#### LA TORRE - GIRGENTINA

€16.00

An off-dry, light bodied white wine. Refreshingly fruity with aromas of pears, melons and some sweet floral undertones.

### RED

#### MEDINA - SYRAH CARIGNAN MOURVEDRE

€18.00

Burst of ripe summer fruit flavours and spiciness. This unoaked, soft and cherry red dry wine is lighter in style, yet abundant in character.

#### CARAVAGGIO - CABERNET SAUVIGNON

€19.00

A dry, full-bodied, robust red wine with a deep ruby colour. Aromas and flavours of a black fruit character of blackcurrants and blueberries rounded with high levels of tannin.

#### LA TORRE - SHIRAZ

€16.00

Dry, full-bodied with aromas of black fruits like mulberries and ripe plums and distinctive notes of black olives with some peppery spicy undertones.

### ROSÉ

#### MEDINA - GRENACHE ROSÉ

€18.00

A fruity, aromatic rosé wine with real character produced entirely from Malta grown Grenache grapes. This refreshing wine has a lush strawberry nose with hints of cherry and forest fruits on the palate.

#### LA TORRE - SHIRAZ ROSÉ

€16.00

A medium dry, easy drinking rosé wine. Fruit driven with intense aromas of cherries, raspberries, apple, candied fruit and pronounced sweet red fruit flavours.

# WINES

## FRANCE

### WHITE

#### MOULIN DE GASSAC - SAUVIGNON BLANC

€18.00

An aromatic white wine with a nose of white fruit, citrus notes and hints of wildflowers. Pleasant, unctuous and fresh on the palate. A wine with noticeable acidity, a fruity mid-palate and a long and perfumed finish.

#### CHATEAU NICOT BLANC

€21.00

This wine shows a pale-yellow green colour. Powerful, elegant nose reminiscent of vanilla, fresh butter, lemon, toasted almonds and linden blossom. On the palate, appealing fruitness and oakiness finishing with impressions of exotic fruit and wild mint.

### RED

#### MOULIN DE GASSAC - SYRAH

€18.00

Deep violet red reminiscent of very ripe red fruit with a hint of leather nose. Warm, fruity, concentrated. Good tannic structure.

#### CHATEAU NICOT ROUGE

€21.00

Very explosive nose, dominated by pure red fruit, toasted oak, scorched earth, and tobacco. The fruit is pure and quiet enjoyable on the finish which is long and dry.

### ROSÉ

#### CLOS DU BEUGNON - ROSÉ D'ANJOU

€17.00

This wine shows delicate fruity aromas reminiscent of fresh red berries. On the palate it is medium-dry, pleasantly smooth with a fresh scent of ripe fruit and a delightfully balanced acidity that gives it a delicate taste.

# WINES

## ITALY

### WHITE

#### MANFREDI - GAVI

€21.00

Straw yellow with greenish reflections. Fruity aromas of citrus and rhubarb and lightly toasted key. Notes of citrus and green apple. The wine is fresh and fruity in taste, rich and harmonious.

#### CADIS - PINOT GRIGIO

€16.00

It makes a statement with tangerine, peach and just a touch of banana on the palate, Surprisingly soft despite its high acidity, vibrant and balanced in taste.

#### REGUTA - REISLING

€19.00

Delicate, harmonic straw yellow with greenish reflections. Decisive fruity floral scent with a rose finish. Elegant taste, fresh but dry finish.

#### REGUTA - CHARDONNAY

€19.00

Straw yellow colour with greenish tinge. Fruity with honey and toasted almond hints. It has vanilla and exotic fruit notes. Full taste, persistent yet pleasing with its fruity aromas.

#### DEL SANNIO - FALANGHINA

€17.00

The colour is straw yellow, it has a rich aroma with hints of tropical fruit and characteristic floral perfumes. The taste is fresh, dry and well-balanced.

### RED

#### DIECIANNI - PRIMITIVO

€21.00

Dense red colour with intense purplish tones. Full-bodied and persistent in the nose, with an intense and elegant aroma. Hints of liquorice in the mouth, made precious by some soft tannins.

#### REGUTA - MERLOT

€19.00

Ruby red colour, tending to garnet with age. Vibrant, varietal perfume subtler when young and extremely pleasurable after ageing. Dry, sometimes semi-dry, robust and full-flavoured with harmonious, well-balanced tannins. Complex and persistent nose with marked notes of spicy and wild berries. On the palate it is well-structured, elegant, round and smooth with fruity notes and soft tannins.

# WINES

## SOUTH AFRICA

### WHITE

#### SIMONSIG - CHENIN BLANC

€18.00

Brilliant clear colour with a green tinge. A burst of tropical fruit aromas ranging from melon, passion fruit and pear to fresh lime. A well-structured palate with layers of citrus and tropical fruits.

### RED

#### SIMONSIG - CABERNET SAUVIGNON & SHIRAZ

€18.00

A full-bodied red wine that features bold flavours of blackcurrant, plum, and hints of oak. Enjoyable balanced tannins with a smooth and velvety finish.

### ROSÉ

#### SIMONSIG - CHENIN BLANC & PINOTAGE ROSÉ

€18.00

This wine has a vibrant synergy between two unique varieties. Fresh melon and stone fruit from the chenin blanc are complemented by watermelon and red berries from the pinotage. This wine is crisp, and fruit driven on the palate, with a good structure on the finish.

# WINES

## GERMAN (SWEET WINE)

### WHITE

#### JOHANN BIHN - LIEBFRAUMILCH

€14.00

Inviting scent of honey melon and pear. On the palate you experience aromas of apple and pear as well as some herbal nuances. Very juicy, crisp and delicate wine.

## SPARKLING WINE

#### REGUTA - PROSECCO SPUMANTE EXTRA DRY

€18.00

Straw yellow colour with fine perlage. Lightly aromatic nose of good intensity with hints of rennet apple. Very soft mouth feel underpinned with light acidity making it easy to drink.

#### MANFREDI - MOSCATO D'ASTI

€18.00

It has a bright straw yellow colour, an intense fresh, fruity bouquet with a definite Moscato fragrance; typical sweet, aromatic and sparkling taste.